

Project GROWS Plant Sale

Plant Varieties and Descriptions

<https://projectgrows.luluslocalfood.com/>

Purchasing Times

Online Store Opens: Saturday, May 2nd at 8:00 AM

Online Store Closes: Thursday, May 7th at 11:59 PM



Plant Pick-Up

On-farm Drive-Thru pick up: Friday, May 8th from 4 pm to 6 pm

Location: Project GROWS farm, 608 Berry Farm Rd., Verona, VA 24482

Cherry Tomatoes

Black Cherry Tomato



Flavor: Complex and sweet. Tastes great raw in salads or cooked on kebabs!

Fruit size: 1 ounce

Matures: 65 days from transplanting

Plant spacing: 24"

Plant size: 6 to 8'

Care: Full sun and fertile, well-drained soil. As an indeterminate variety, these tomatoes will continue to grow throughout the summer season, so they will require pruning as well as trellising/caging/staking for best results. High yields. Prevent Blossom End Rot by providing plenty of soil calcium and an even supply of soil moisture.

Sun Gold Cherry Tomato

Flavor: Sweet and tart – perfect for snacking! A favorite with kids!



Fruit size: 1 ounce

Matures: 65 days from transplanting

Plant spacing: 18-24"

Plant size: 4-5'

Care: Full sun and fertile, well-drained soil. As an indeterminate variety, these tomatoes will continue to grow throughout the summer season, so they will require pruning as well as trellising/caging/staking for best results. Prevent Blossom End Rot by providing plenty of soil calcium and an even supply of soil moisture.

Sakura Cherry Tomato



Flavor: Firm with real tomato sweetness

Fruit size: ½ ounce; highly prolific

Matures: 55 days from transplanting

Plant spacing: 24 – 36"

Plant size: 6 – 8'

Care: Full sun and fertile, well-drained soil. As an indeterminate variety, these tomatoes will continue to grow throughout the summer season, so they will require pruning as well as

trellising/caging/staking for best results.

Amy's Apricot Cherry Tomato



Flavor: quite fruity and sweet; there's quite a bit of variation in the variety, but it tends towards orange and red spheres

Fruit size: clusters of 2 – 12 fruits with sizes varying from ½ to 1 ½ "

Matures: 75 days after transplanting

Plant spacing: 24 – 36"

Plant size: 6 -8'

Care: Full sun and fertile, well-drained soil. As an indeterminate variety, these tomatoes will continue to grow throughout the summer season, so they will require pruning as well as trellising/caging/staking for best results.

Pink Bumblebee Cherry Tomato



Flavor: bright, sweet flavor

Fruit size: 20-25 grams - a larger cherry tomato

Matures: 70 days after transplanting

Plant spacing: 24-36"

Plant size: 5-6'

Care: Full sun and fertile, well-drained soil. As an indeterminate variety these tomatoes should be staked, trellised, or caged, and pruned for best results; fruit will ripen over an extended period and will continue to grow throughout the summer season.

White Cherry Tomato



Flavor: Sweet, fruity, and mild. Becoming a favorite among our staff!

Fruit size: 15-20 grams

Matures: 59 days after transplanting

Plant spacing: 24-36" apart for indeterminate, unstaked varieties, and 14-20" for staking

Plant size: Plants are compact and easy to pick. Height at maturity is 5-7 feet

Care: Transplant into medium-rich garden or field soil. Full sun and fertile, well-drained soil. As an indeterminate variety, these tomatoes will

continue to grow throughout the summer season, so they will require pruning as well as trellising/caging/staking for best results. Fruit ripens over an extended period. The fruit is ready to be eaten when it has turned from white to a custardy yellow.

Heirloom Tomatoes

Red Brandywine Tomato - heirloom



Flavor: Rich, loud, and a bit of spice

Fruit size: 16+ ounces

Matures: 78 days from transplant

Plant spacing: 24 – 36"

Plant size: 6 – 8'

Care: Full sun and fertile, well-drained soil. As an indeterminate variety, these tomatoes will continue to grow throughout the summer season, so

they will require pruning as well as trellising/caging/staking for best results. Prevent Blossom End Rot by providing plenty of soil calcium and an even supply of soil moisture.

Yellow Brandywine Tomato - heirloom



Flavor: Bold and loud!

Fruit size: 16+ ounces

Matures: 78 days from transplanting

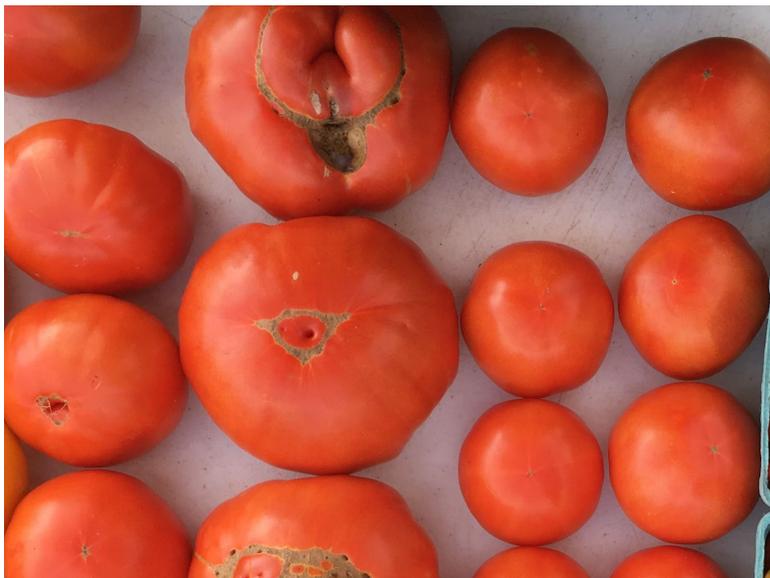
Plant spacing: 24 - 36 " apart

Plant size: 6 - 8'

Care: Full sun and fertile, well-drained soil. As an indeterminate variety, these tomatoes will continue to grow throughout the summer season, so they will require pruning as well as trellising/caging/staking for best results

Rutgers Tomato - heirloom

Flavor: Good balance of sweetness and acidity; great canning tomato!



Fruit size: 7 - 12 ounces

Matures: 60 - 100 days from transplanting

Plant spacing: 24 - 36"

Plant size: 4 - 5'

Care: Full sun and fertile, well-drained soil. As a determinate variety, this tomato will yield a large initial crop followed by several flushes of fruit.

Cherokee Purple Tomato - heirloom



Flavor: full flavored! A favorite among gardeners.

Fruit size: 8 – 12 ounces

Matures: 72 days after transplanting

Plant spacing: 24 – 36"

Plant size: 6 – 8'

Care: Full sun and fertile, well-drained soil. As an indeterminate variety, these tomatoes will

continue to grow throughout the summer season, so they will require pruning as well as trellising/caging/staking for best results.

Ozark Pink Tomato - heirloom



Flavor: Mildly sweet and aromatic

Fruit size: 7 ounces

Matures: 75 days after transplanting

Plant spacing: 24-36"

Plant size: 5'

Care: Transplant into medium-rich garden or field soil. Full sun and fertile, well-drained soil. As an indeterminate variety, these tomatoes will continue to grow throughout the summer season, so they will require pruning as well as trellising/caging/staking

for best results. Fruit ripens over an extended period.

Mortgage Lifter Tomato - heirloom



Flavor: Beefsteak tomato with immense, bold flavor

Fruit size: 16-24 ounces

Matures: 80 days

Plant spacing: Tomatoes should be set 30-48 inches apart in a row with the rows spaced 3-4 feet apart

Plant size: 36-40 inches

Care: Select a location in full sun with good rich moist organic soil. Keep plants well-watered during the growing season, especially during dry spells. Plants need about 1-2 inches of rain per week during the

growing season. It's best to water with a drip or trickle system that delivers water at low pressure at the soil level. If you water with overhead sprinklers, water early in the day so the foliage has time to dry off before evening, to minimize disease problems. Keep the soil moist but not saturated. For larger, cleaner, more perfect fruits, support plants as they grow. Growing on stakes: Place strong stakes in the ground and set plants about 6 inches from the stakes. Growing in cages: Place a cage around a single plant; let the vines grow and enlarge within the cage, no pruning will be necessary

Old German Tomato - heirloom



Flavor: Succulent, meaty fruit. Outstanding flavor and color.

Fruit size: can grow to almost 2 lbs.

Matures: 60-100 days from transplanting

Plant spacing: 24-36"

Plant size: 4-5'

Care: Transplant into medium-rich garden or field soil. Full sun and fertile, well-drained soil. As an indeterminate variety, these

tomatoes will require pruning as well as trellising/caging/staking for best results. Is not a heavy producer but its large fruit size makes up for that. Fruit ripens over an extended period.

Hybrid Tomato



Martha Washington Tomato - hybrid

Flavor: Vigorous plant produces large, globe-shaped pink tomatoes with the look and flavor of pink heirloom types. Fruits are loaded with incredible flavor and great for slicing.

Fruit size: 8-16 ounces

Matures: 78 days after transplanting

Plant spacing: 14-20 "

Plant size: 2-3' when staked

Care: Transplant into medium-rich garden or field soil. Full sun and fertile, well-drained

soil. As an indeterminate variety, these tomatoes will require pruning as well as trellising/caging/staking for best results. Is not a heavy producer but its large fruit size makes up for that. Fruit ripens over an extended period.

Eggplant

Italian Eggplant - Traviata



Flavor: Mild flavor; absorbs the flavors it's cooked with

Fruit size: on average, 6" long x 3" diameter

Matures: 70 days from transplant

Plant spacing: 18 - 24"

Plant size: 2 - 4'

Care: Full sun and fertile, well-drained soil. If possible cover plants until flowers appear to

deter pests. High yielding. May be pruned or staked to keep the fruit straight.

Asian Eggplant - Orient Express



Flavor: Mild flavor; absorbs the flavors it is cooked with

Fruit size: 9" long by 2" in diameter

Matures: 58 days from transplanting

Plant spacing: 18" (spreads up to 2.5')

Plant size: 2 – 4'

Care: Full sun and fertile, well-drained soil. A pH of between 6.0 and 6.5 will keep plants healthy and nourished. Requires low to moderate levels of water. Aim for about 1–1.5 inches of water per

week. Tolerant of drought but will produce more fruit with consistently moist soil. If possible, cover plants until flowers appear to deter pests.

Listada Eggplant



Flavor: The creamy white flesh is tasty and tender and the skin is so thin that it does not require peeling. The flavor is mild and absorbs the flavors it is cooked with

Fruit size: 5" to 8" long teardrop-shaped fruits

Matures: 80-90 days

Plant spacing: 12-18 "

Plant size: Growing to 16" tall, the luxurious plants spread to 30" wide with large leaves.

Care: Prepare your Eggplant bed in a hot spot with good drainage, adding lots of compost and/or

well-rotted manure. Plant out when soil and air temperatures have thoroughly warmed. Create additional warmth (especially at night) if temperatures are expected to drop below 55°F by covering plants with cloches or other coverings to retain heat. Harvest Eggplants when the skin is thin and shiny, using a sharp blade.

Peppers

Jedi Jalapeño Pepper



Flavor: Spicy and bold

Fruit size: 4 inches

Matures: 72 days from transplant

Plant spacing: 18 - 24"

Plant size: 24 – 48"

Care: Full sun and fertile, well-drained soil. Jalapeno peppers love water, but you don't want to inundate the plants, or you run the risk of rotting. Water every other day or every third day. Very high yielding. Produces over a long harvest window. Best harvested when cracks appear on the pepper.

Carmen Pepper



Flavor: The sweetest of sweet peppers! Juicy and flavorful. (Red only)

Fruit size: 5 ounces

Matures: from transplanting, 60 days to green and 80 days to red ripe

Plant spacing: 18 – 24"

Lant size: 28-30"

Care: Full sun and fertile, well-drained soil. Keep soil consistently moist throughout the growing season. May be harvested green but best flavor when harvested fully red.

Herbs

Italian Parsley



Flavor: bright and mildly bitter – great for garnishes, dressings/dips, and cooking!

Plant spacing: 8 – 12”

Plant size: 12 – 18”

Care: Full sun and fertile, well-drained soil. Allow the soil to dry out partially between watering. Water deeply approximately once per week and allow excess moisture to drain out. Harvest all season long!

Oregano

Flavor: strong oregano flavor and aroma



Plant spacing: 12”

Plant size: 8-24”

Care: Grows best in well-drained, sandy soil and in full sun although a little shade is fine. Oregano will grow well indoors, but it is important that the plant receives adequate heat and sunshine in order to grow. Don't overwater oregano. Water thoroughly, only when the soil is dry to the touch

Cilantro - Cruiser



Flavor: Slightly peppery and sweet flavor. Great addition to dressings, dips, and many dishes!

Plant spacing: 2-4"

Plant size: 12-18"

Care: Cilantro needs full sun or light shade in southern zones since it bolts quickly in hot weather. This variety has excellent bolt resistance. It grows best in a well-drained, moist soil. Be sure to leave small, new growth at the base of the plant when harvesting and harvest regularly. On average you can expect about 3 full cuttings before the plant will bolt.

Dill



Flavor: warm, slightly bitter flavor – popular addition to sauces, salads, and soup.

Plant spacing: 4 – 6"

Plant size: 2 – 4'

Care: Full sun and fertile, well-drained soil. Seeds can be harvested after the plant flowers. Both the leaves and seeds have a strong dill flavor; flowers are also edible! It may be necessary to keep the soil moist by watering regularly, especially during prolonged dry periods in summer, but don't overwater and allow plants to sit in very wet soil or compost. Regular cuttings of the leaves can help delay flowering if desired.

Basil - Italian

Flavor: subtle peppery flavor mixed with slightly sweet and citrus



Plant spacing: 8"

Plant size: 24 – 30"

Care: Full sun and fertile, well-drained soil. Needs regular moisture throughout the season. Harvest regularly to keep the plant from flowering. Pinch the stem just above where you see small, new growth occurring.

Flowers

Marigold - Flower

Flavor: Flowers are edible – petals should be removed from flower base as the base can be fairly bitter. Flavor is floral with hints of citrus and spice, and slightly bitter.



Plant spacing: 6"

Plant size: 10"

Care: Full sun and fertile, well-drained soil. Makes a great companion plant! Allow plants to dry out between waterings, then water thoroughly at the base of the plant. Deadheading is not necessary.

Nasturtium - Flower



Flavor: Flowers and leaves are edible – flavor is floral and spicy!

Flower size: 2 " blossoms

Matures: 55 - 65 days

Plant spacing: 8-12" in ground or up to three plants in hanging basket or 10" container

Care: Sun/part shade and well-drained soil, but not especially

rich soil. Plants will produce flowers all season long, slowing a little in the summer and picking back up when the weather cools. Harvesting the flowers regularly helps to encourage more flowers to bloom!

Zinnias



Flower size: several inches

Matures: 75 days

Plant spacing: 9-12 "

Plant size: 20-40 " tall

Care: Plant in fertile, well-drained soil in full sun. Maintain moderate soil moisture and fertilize lightly to maximize growth and blooms. After zinnias flower, deadhead the old blooms to allow for new growth.

Greens

Rainbow Chard - Bright Lights



Flavor: Swiss chard leaves are tender and have a taste similar to beet greens and spinach. While some may find the leaves slightly bitter, they are less vegetal in flavor than kale. The crunchy stems are slightly sweet and have a similar taste and texture with bok choy stems

Matures: 50-60 days

Plant spacing: 10-12 "

Plant size: 1-2 ' tall

Care: Chard likes evenly moist, moderately fertile soil amended with compost and/or well-rotted manure. A light sprinkling of complete organic fertilizer ensures lush growth. Plant 10" to 12" apart.

Black Magic Kale



Flavor: Mild, slightly bitter flavor. Pairs well with many different flavors

Matures: 50 days

Plant spacing: 12 " apart

Plant size: 24"

Care: Kale prefers a fertile, well-drained soil high in organic matter with a pH range of 6.0–7.5. Consistent moisture will produce the best quality leaves. Plant in rich, well-drained soil in full sunlight in the spring or the fall

Winterbor Kale



Flavor: Mild, slightly bitter flavor. Pairs well with many different flavors

Matures: 50 days

Plant spacing: 12"

Plant size: 2-3 '

Care: Kale prefers a fertile, well-drained soil high in organic matter with a pH range of 6.0–7.5. Consistent moisture

will produce the best quality leaves. Plant in rich, well-drained soil in full sunlight in the spring or the fall

Ridgeline Head Lettuce (Romaine type)



Flavor: This is an amazing variety of romaine – easy to grow, with wonderful, crisp flavor.

Matures: 44 days

Plant spacing: 10-12 "apart

Plant size: 20 " tall

Care: Lettuce prefers loose, fertile, and well-drained soil. It will struggle to grow well in hard, clay-type soils. Prepare your beds by adding in lots of compost and organic matter. Lettuce, like most vegetable crops, should receive about 1" of water per week. If you do want to fertilize – an application of compost tea can be applied once the crops have emerged through the ground.

Cucurbits (Vining plants)

Dunja Zucchini



Flavor: Most zucchini are mild, and take on the flavoring of what they're cooked with. They offer a pleasant, moist crunchy texture to vegetable sautes

Fruit size: Best flavor and texture when harvested 6-8 inches long

Matures: 32 days

Plant spacing: 18-24 " apart. Wider spacing may allow for easier harvesting.

Plant size: Vines can spread up to 1 meter

Care: Fertile, well-drained soil with a pH of 5.8–6.8 is best. Plastic mulch and fabric row covers (AG-19 grade) can aid plant establishment and exclude insect pests during the seedling stage. Row covers

should be removed when plants begin to flower. Plants need loose, fertile, well drained soil with plenty of nitrogen and a pH 5.8-6.8. Fertilize seedlings with fish emulsion if leaves yellow.

Zephyr Yellow Squash

Flavor: Mild-tasting and slightly sweet. Will absorb the flavors that it is cooked with. Can consume raw or cooked



Fruit size: Best flavor and texture when harvested 4-6" long

Matures: 40 days

Plant spacing: 18-24 " apart

Plant size: Vines can spread up to 1 meter

Care: Harvest regularly, 2-3 times a week, once plants begin to produce. Cut or gently twist off fruits when they have reached the desired size. For summer

squash, 4-6". Handle with care to avoid scratching fruits.

Marketmore Cucumber



Flavor: Cukes have a very small seed cavity, tender skins and a sweet, mild flavor.

Fruit size: 8-9 inches

Matures: 48 days

Plant spacing: 12 " apart

Plant size: 1-4 '

Care: Requires warm, well-drained soil high in fertility, with a pH of 6–6.8 and full sun. Consistent, adequate irrigation is needed to produce an abundant crop. Cucumbers are very sensitive to cold. Make sure both soil and air temperatures have warmed prior to planting. Using [plastic mulch](#) and [row covers](#) will greatly enhance the vigor and potential yields of cucumbers by providing warmth and insect protection

Luffa



Fruit size: Around 24 inches

Matures: 90-100 days

Plant spacing: 3-6' apart

Plant size: Two to three feet height, eight to 12 feet spread

Care: Plants require full sun, rich and well-drained soil, a consistent supply of water. Compost may be added to improve soil quality. To harvest for sponges, allow fruits to fully mature on the vine and pick when the green skin has started to turn dark yellow or

brown. If the plants get hit by a frost, pick and peel the fruit immediately. More information about growing, harvesting and processing can be found [here](#).

Hannah's Choice Cantaloupe



Flavor: Aromatic, very sweet, and full of flavor

Fruit size: Average 3-5 lbs

Matures: 75 days

Plant spacing: 18 " apart

Plant size: 1-1.5 '

Care: When the weather is frost-free, warm, and settled, transplant 18"-24" apart. Even hardened melon seedlings are tender. Do not disturb roots when transplanting, and water thoroughly. Since melons like consistently warm conditions, [plastic mulch](#) and [row covers](#) will make for earlier crops and better yields, especially in the North. Remove

covers when plants have female flowers (identified by the tiny fruit at base of blossom).

Sugar Baby Watermelon



Flavor: Its consistency is crisp yet juicy with a classic sweet watermelon flavor

Fruit size: 6-8" in diameter, averaging 8-10 lb

Matures: 76 days

Plant spacing: 2-3' apart

Plant size: Vines grow 36-42 "

Care: When the weather is frost-free, warm, and settled, transplant 18"-24" apart. Even hardened watermelon seedlings are tender! Provide well-drained, nutrient-rich soil that's high in organic matter. Work at least 3 inches of organic matter into planting beds—more is better. Soil should be at least 70°F at planting. Do not disturb roots when transplanting, and water thoroughly. Since watermelons like consistently warm conditions, [plastic mulch](#) and [row covers](#) will make for earlier crops and better yields, especially in

the North. Remove covers when plants have female flowers (tiny fruit at base of blossom).